



# CAST-AWAY PROGRAMME SUMMER 2022

This summer, for the first time, CAST is bringing its programme of creative adventures out onto the Lizard peninsula. All the activities are FREE.



On Wednesdays from 3rd to 24th August, the CAST team will be in different places around the Lizard to lead activities and provide a chance to come together in these special places. Our team will be joined by guest artists and musicians to inspire invention and making, movement and play.

For information about what is going on and where, turn over! Please check the CAST website or CASTCornwall facebook page for any updates nearer the time. We won't be put off by a bit of drizzle and hope you won't either, but check on the day in case of extreme weather or last-minute changes.

We are also running a programme of free CAST-Off activities in the walled garden at Penrose. These take place each Saturday from 27th July to 20th August, from 10am - 12 noon and 2pm - 4pm.



### What is CAST?

CAST is a not-for-profit arts organisation. It is based in a large former school building in the centre of Helston, with entrances on Penrose Road and from the car park in Wendron Street.

The building provides studio spaces for twenty artists. It also has a Café serving delicious locally sourced food, a special black box screening space where artists' films are shown, learning spaces that host workshops for families and programmes for schools, a regular Saturday Club for 12 to 16 year-olds, and a new ceramics studio.

Follow @CASTCornwall on Facebook or join CAST's mailing list to find out what is on each month.

Donations

Mailing list

**OPEN STUDIO**  
 CAST, Helston - Studio 15  
 Wednesday 29th June 2-6pm

Allie Avenue @allieavenue  
 Abi Edwards @edwards\_a\_art  
 Naomi Heddle @naomiheddleart  
 Anna Harris @anna.harris.art  
 Izzy Lawrence @izzylawrenceart



# CAST-Away

Free creative adventures on the Lizard Peninsula on Wednesdays in August



# Mullion - Polurrian Cove



WEDNESDAY 3RD AUGUST: 10 AM-4 PM

## MULLION POLURRIAN COVE

WINDSOCKS, SAND-SHIFTERS  
AND SWIRLING SHOALS

From Mullion wander along Lafflounder Lane to Polurrian Cove for a day of fun on the beach.

Join forces, shift sand and engineer dams and waterways in the stream. Make pilchard windsocks and move together like a shoal of fish.

We're bringing some treat buns, but be sure to bring a picnic and plenty to drink as the beach is remote and accessible only by footpath (there are no toilets).

**Food:** Bring your own

**Toilets:** Public toilets on Lender Lane (past car park)  
No toilets on beach

**Parking:** Mullion Village Car Park, Lender Lane

**Bus:** Lizard Adventurer (open-top bus) L1



WEDNESDAY 10TH AUGUST: 12 NOON-6 PM

## GWEEK VILLAGE GREEN

BOATS, FLOATS AND FLAGS

Gather on the village green, opposite Gweek Quay, where we'll be offering nautical inspiration and expertise to make little boats of all kinds.

What makes a boat float? What goes on inside them?

Rig a sail or say something with flags.

We're bringing some treat buns, but bring your own picnic, or buy lunch, supper, snacks or ice creams in the village.

**Food:** Gweek Village Stores, Boatyard Café, Sid's Fish and Chips van, Black Swan pub

**Toilets:** Gweek Quay

**Parking:** Street parking

**Bus:** 35, 35A



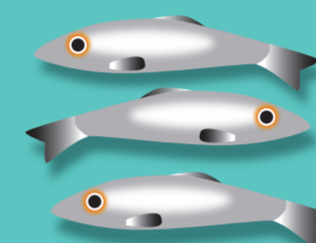
# St Keverne - Porthoustock



WEDNESDAY 17TH AUGUST: 10 AM-4 PM

## RUAN MINOR POLTESCO VALLEY

PILCHARD PACKING, STONE POLISHING  
AND WATER PLAY



Follow Poltesco Lane from Ruan Minor to the magical Poltesco Valley to dance, make and play.

Explore the old serpentine works and seek out our activities in the orchard, along the footpaths and on the beach. Polish a piece of unique Lizard serpentine. Make pilchards from clay. Make and launch barges from the tiny quay on the beach.

We're bringing some treat buns, but be sure to bring a picnic and plenty to drink as the beach is remote and accessible only by footpath.

**Food:** Bring your own picnic. Ruan Minor has a store.

**Toilets:** There's a toilet behind the cottage at the car park.

**Parking:** Limited space in National Trust car park

**Bus:** Lizard Adventurer (open-top bus) L1

WEDNESDAY 24TH AUGUST: 12 NOON-6 PM

## ST KEVERNE TO PORTHOUSTOCK

MUSIC, PROCESSION, EARTH AND FIRE



For the CAST-Away finale, gather near the church in St Keverne village square for a musical procession down the valley to the beach at Porthoustock.

Make sound sticks with shells and bells to create noise as you journey along the ancient footpath. On the beach, make and play with clay and come together for the Snail's Creep dance. Help build a bonfire on the beach. We'll be firing pottery made at CAST-Off and CAST-Away sessions. We're bringing our special treat buns, but be sure to bring a picnic or something to cook over the fire and plenty to drink, or buy something hot or cold at the beach.

**Food:** Thirsty Buffalo catering wagon and Steve's ice creams will be at the beach.

**Toilets:** Public toilets near the beach

**Parking:** Street parking in St Keverne and at Porthoustock beach

**Bus:** 36 stops at St Keverne.

